

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 66 years in the making.



HEEL & TOE

January 28th 2021

Speculation on Tokyo Olympics hurting athletes in their preparations: IOC chief Bach

LAUSANNE: The International Olympic Committee (IOC) president Thomas Bach has put all speculations to rest, asserting that they are "fully concentrated on and committed" to stage the Tokyo Olympics.

IOC Executive Board (EB) meeting took place on Wednesday and after that, Bach spoke to the media, reiterating the IOC's commitment to delivering the Olympic and Paralympic Games Tokyo 2020 this summer.

"We are fully concentrated on and committed to the successful and safe delivery of the Olympic and Paralympic Games Tokyo 2020, starting on 23 July with the Olympic Games and 24 August with the Paralympic Games," IOC's official website quoted Bach as saying. "In the last couple of days, we had consultation calls with the International Federations and the National Olympic Committees, also getting reports from the athlete representatives. We could experience there today, again, that all of them are fully united and committed; all 206 National Olympic Committees, all the International Federations and the athletes are standing behind these Olympic Games. We see the same commitment on the Japanese side with the Japanese government, the Organising Committee and the Japanese Olympic Committee," he added.

However, Bach also acknowledged the difficulties posed by the ongoing coronavirus pandemic and said they are fighting this fight like Olympics athletes.

"The organisation of the Olympic and Paralympic Games, as such, is already an extremely complex challenge. But this complexity is multiplied when it comes to organising postponed Olympic Games for the first time ever, and this under the conditions of a pandemic. So, there is no blueprint for this, and we are learning every day. This fight against the virus, as you all know from your personal circumstances, is a tough one. But we are fighting this fight for, and like, Olympic athletes. This means with full determination, with a will to win, with hard work every day, and with all the physical and mental strength we have," he said.

Looking towards the future, Bach said that nobody can predict the health situation and this is leading to speculations that are hurting the athletes in their preparations. "Nobody at this moment can predict the health situation in 206 National Olympic Committees for the time of the Olympic and Paralympic Games, from late July until September of this year -- not even the most prominent scientists in this area. This leads, you may say naturally, you can also say unfortunately, to much speculation. But all this speculation is hurting the athletes in their preparations, who have already overcome the challenges in their daily training and competition with all the restrictions they are facing, either in their country or when it comes to travelling," Bach said.

"So there is speculation about cancellation; I heard about a plan B, about everything. Some even make the proposal to postpone the Olympic Games in Tokyo to the year 2032. I want to say good luck, if you would have to discuss this with an athlete who is preparing for the Olympic Games in 2021. There are some proposals to move it to another city. Everybody who

knows about the complexity of Olympic Games knows this is not possible. They're in such a short period of time. For all these reasons, we are not losing our time and energy on speculation. We are fully concentrating on the Opening Ceremony on 23 July this year. We are not speculating on whether the Games are taking place. We are working on how the Games will take place," he added.

Bach said they are working to put COVID-19 countermeasures together "for every possible scenario" and they are relying on the advice of all the different authorities.

"There's the Japanese government, the health authorities, the World Health Organization; we are talking with the manufacturers of vaccines -- with all the experts. From these consultations, we can conclude that it is too early to tell which of the many COVID countermeasures will finally be the appropriate ones when it comes to the time of the Games. We just have to ask for patience and understanding -- from the athletes, from the National Olympic Committees, the International Federations, the Japanese people, the Organising Committee, everybody. We have to be patient and diligent in the same way," he said.

"Soon we will be able to release the first version of the so-called 'playbooks' for the Games, which will explain the measures for the different stakeholder groups, to protect themselves and to protect others. The first version of the playbooks will be presented to the National Olympic Committees and the Chefs de Mission at the beginning of February. So there, they -- the NOCs, the athletes, everybody -- can all trust that we are providing the facts and our planned countermeasures as the situation develops. The priority is always the same -- safe and secure Games," Bach added.

QRWC Judging Seminar Brisbane Saturday February 20th

Date: Saturday 20 February 2021

Venue: Queensland Sports and Athletics Centre

Sprinters Room, Level 4, Western Grandstand

Kessels Road , Nathan

The seminar is open to anyone interested in becoming a qualified Race Walk Judge, existing judges to upgrade and refresh their qualifications or to anyone who just wants to learn about the rules of Race Walking and how they should be applied.

The seminar is to both prepare for professional development as well as enabling current judges to undertake the current Athletics Australia Racewalk Judging exams.

The seminar will be presented by Zoë Eastwood-Bryson, World Athletics International Race-Walking Judge.

AGENDA

8:45am Registration

9:00am General seminar, all aspects of Race Walk Judging and associated rules.

11:00am Break

11:15am Completing paperwork. Red Cards, Judges Record Sheet, Summary Sheet

12:00 noon Lunch

12:30am Video presentation: Judging Knees

2:00pm Close

3:00pm QA Shield Meet 3/5km walk

Register your interest by emailing peter.bennett@live.com

Results Results Results

Queensland Masters Athletics

January 23rd QSAC

2,000 Metre Race Walk

Kirwin, Roslyn W32 13:42.37

Woodward, Erika W54 11:40.45

Stuckey, Jennifer W55 13:24.79

Bennett, Peter M65 11:21.11
McKinven, Noela W78 16:18.06

1,500 Metre Race Walk

Kirwin, Roslyn W32 9:54.63 (9:54.64 56.67%)
Woodward, Erika W54 8:43.45 (7:44.57 72.54%)
Bennett, Peter M65 8:25.63 (6:22.11 80.87%)
McKinven, Noela W78 12:19.46 (8:18.33 67.63%)



Jenny Stuckey on the comeback trail from injury

Dane Bird-Smith Shield QSAC January 23rd

Women 3,000 Metre Race Walk Open

1 Hamann, Sophie Charlotte 20 QUT 16:47.23

Women 3,000 Metre Race Walk Under 20

1 McLoughlin, Amber 19 QA 19:20.11

Women 3,000 Metre Race Walk Under 16

1 Norton, Amber 15 QA 14:53.84
2 Williams, Lyla 14 GCV 15:37.05
3 Gee, Tamika 14 GCA 15:59.79
4 Heap, Ashanti 15 GCA 16:02.69
5 Hingst, Olivia 14 QRWC 17:26.64
6 Chadwick, Phoebe 15 QRWC 17:28.33

Women 3,000 Metre Race Walk Masters 35+

1 Gannon, Brenda 47 QA 16:49.30

Men 3,000 Metre Race Walk Under 16

1 McCure, Sam 15 QA 13:48.64
2 Housden, Bailey 14 QA 13:59.01
3 Bradley, Alex 15 QA 14:57.60

Women 5,000 Metre Race Walk Under 20

1 Hill, Gabriella 18 GCV 24:24.65
2 McRoberts, Jasmine-Rose 19 QA 31:25.35

Women 5,000 Metre Race Walk Under 18

1 Bergh, Mia 16 GCV 29:06.20
2 Millard, Summer 16 QA 30:18

Men 5,000 Metre Race Walk Under 18

1 McCure, Lachlan 17 QA 23:56.78
2 Norton, Kai 16 QA 26:57.18
3 Spanner, Jye 17 Keppel Coast 27:19.79

Gold Coast Masters Athletics January 21st

Runaway Bay Performance Centre

3,000 Metres

1 Sela, Patrick M80 23:28.39 (14:53.91 49.22%)

1,000 Metre

1 Teasel, Ashley W11 7:28.34q

This Week

This Saturday, January 30th, Queensland Masters are back at QSAC with an 8.00am start for the 3,000 metres

Gold Coast Masters are at the Runaway Bay track on Sunday with a 3,000 metre walk starting at 8.00am.

QMA COVID-19 CONTACT TRACING. New registration requirement. The Queensland Government has mandated that from 24th December 2020, all persons attending an event or venue must register their details **electronically** for contact tracing purposes. This means that at the **QMA Brisbane competitions at the SAF track**, there will no longer be lists at the gate for you to tick off.

The following procedures will be implemented:

- All members intending to compete are encouraged to enter and pay on-line, following the usual link from the website. That is all you will need to do.
- Members who want to enter on the day, visitors intending to compete, officials, volunteers and spectators have two alternatives:
 - o You can register on-line ahead of the competition following the link from the website, or
 - o You can scan the QR code at the gate and enter your required details.

Then those intending to compete go ahead and lodge their entry using the pink and blue forms as usual.

NOTE: If you have an iPhone, you can scan the QR code using the photo app, or if you have an android phone, you will need to have a QR code scanning app installed. If you don't have a phone, try to come with a friend who has one as they will be able to register you. It is the responsibility of all attendees to register their correct details appropriately.

COMING UP – Track & Road Walks

January 30th QMA SAC 8.00am 3,000 metres

January 31st QMA Runaway Bay 8.00am 3,000 metres

February 6th QMA SAC 9.00am 1,500 metres

February 7th QMA SAC 10,30am 1,500 metres

February 7th QMA Runaway Bay TBA

February 10th QA Mid-Week Meet QSAC 3/5km Walk

February 14th AA 20km Championships SA

February 20th QMA SAC 8.00am 3,000 metres

February 20th QA Shield Meet QSAC 3.00pm 3/5km Walk / Judging Seminar

February 21st QMA Runaway Bay TBA

February 24th QMA Wednesday night SAC 8.20pm 3,000 metres

March 1-14th QA State Age & Open Track Championships

March 27th AA 50km Championships Vic

April 12-21st AA Track & Field Championships

April 23-24th Australian Little Athletics Championships Vic

Queensland Athletics State T&F Championships 2021 March 11-14th

QA have announced that the Queensland Athletics State Championships, U14 to Open will be held on the 11th to 14th March 2021. The 2021 Queensland Track Classic will be a World Athletics Silver Permit Meet and will be held on the evening of Saturday the 27th March. The Australian Athletics Championships will be held in Sydney starting on April 12th.

Oceania Masters Athletics Virtual Championships

With the Oceania Masters Athletics Virtual Championships postponement of the January 2021 Oceania Masters Athletics champs to January 2022, and the closing of countries borders throughout the region, Masters athletics in the region have very limited opportunities for regional competition. For this reason, the OMA Council has decided that we should promote a virtual championship.

The proposed conditions for the competition are:

1. Competition to take place between **Jan 01 and Jan 31, 2021** in one or more organized meets
2. Athletes aged 30 plus on Jan 01, 2021 are eligible to participate.
3. Membership of an athletics club or federation is required
4. Program of events would be the same as on the program for the Oceania Masters champs : **Eligible Walks 1,500 metres, 5,000metres and 10km .**
5. Individuals may only submit a result for an event once.
6. Results to be submitted by Club or Federation a. Results should be returned on the form supplied by OAA (And available on the OMA Webpage) and should include: i. Event ii. Venue and date iii. Athletes name and Date of Birth iv. Performance: Time/distance/Height v. Wind Reading
7. Performances should be done under appropriate WA/WMA rules and guidelines
8. Results to be submitted to, collated and tabulated by OAA Office. Email address competitions@oceaniaathletics.com
9. Awards (Electronic certificates) will be made to the first three performances in each 5-year age group for each event.

Racewalking Queensland Management Committee 2020/21

As elected AGM November 21st

Congratulations to the newly elected Management Committee that will take us through until the 2021 AGM scheduled for April.

President: S. Pearson **Secretary:** N. McKinven
Vice President. P Bennett **Treasurer** R Hamann
Committee: I. Jimenez, S. Langley, T. Norton, J Stuckey
Patrons: Patrick & Maxine Sela
Registrar: T Norton
Uniforms: J Stuckey
Newsletter Editor: P. Bennett
Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

QA Membership Details South Qld 2020/21 Season

Base Membership - \$12 plus club fee

During the pandemic we are offering pay-as-you-go membership:

All Shield meets - \$25 per meet

All State Championships* - \$30 per event

Eligible for in-stadium** state teams & national teams - \$100 fee

Eligible for all out of stadia*** state teams & national teams

Qrun - \$12 (access to Qld Athletics distance events only (800m up))

Club Coach, Officials & Volunteers - \$0

If you need clarification on any aspect of membership and benefits please email

info@qldathletics.org.au

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad there are a number of qualified coaches in the club:

David Smith Walks Level 5

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 2

To search for a walks coach, see their qualifications, contact details or where & when the coach go to ; <http://icoach.athletics.com.au/at/icoach/Search.aspx>

Racewalking Queensland

(Trading as the *Queensland Race Walking Club Inc.* ABN 59065512712)

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QRWC Website: www.qrwc.com.au

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

QRWC race entries qrwc1955@icloud.com

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>

